

Rosmellyn Surgery Patient Participation Group meeting

Held at Rosmellyn Surgery Thursday 3.1.19

Present: Liz Berryman (LB), Patti Evans (PE), Lorna Nicholas (LN), Katrin Tunstall (KT), Barbara Whittaker (BW), Carol Scott (CS), Jan Shearn (JS), Di Hillage (DH), Peter Levin (PL), Graham Woodworth (GW), Liz Woodworth (LW), Sue Williams (SW)

Guests: Lolita Mills, Symon Stephens (Active Plus), Craig Manclark (Healthy Cornwall)

- LB opened the meeting, welcomed LM as a possible new group member.
- KT advised that move to St Clare anticipated at end January, definite date still unclear. Large accessible rooms mean significant potential for involvement of organisations such as Active Plus
- Symon introduced himself as a Social Prescribing Link Worker, working for Active Plus in Penwith. This is a CIC staffed by veterans working out of 29 surgeries in Cornwall, supporting patients with nonclinical issues (eg housing, finance etc.). Referrals taken from anyone in the GP practice. Initial assessment always done in surgery, then 6 month of intervention encouraging a “journey into wellness”, with aim to reduce number of GP appointments. Offer signposting, classes, links to other services. Will run for at least 3 years until August 2021
- Craig works for Healthy Cornwall, a county wide organisation, funded by NHS and public health. His interest in in the adults healthy weight programme. Self-referrals accepted or from GPs, social prescribers. Offer free programme consisting of initial 1:1 assessment then group meetings approx. 90min discussion followed by 30 mins of circuit exercise. Both day time and evenings. Groups of up to 25. Aim for sustained 5-10% weight loss over a year. St Clare may be ideal venue. DH pointed out that development of old Bolitho School site might also be appropriate
KT asked the meeting to have a think about how they might contribute to making this work at St Clare
- Rosmellyn update. Dr Power has now completely retired from the Practice. We welcome Brydie our new receptionist
LB wondered if a receptionist might like to join future meetings. LN will discuss with them
- Future of the PPG. The other 2 St Clare practices do not currently have PPGs. The meeting was of the opinion that Rosmellyn PPG should remain as such , there may be future scope for a “Friends of St Clare” group to become involved with fundraising
- LM enquired about who was in charge of room rental at St Clare. Initially Ian Roberts transition manager will do this, but GPs/practice managers will ensure all applications for use are suitable
- KT confirmed that the practices will continue to be separate, but work together as network. There are no plans to merge
- The new building is BREEAM certified (see attachment kindly provided by GW)
- LB asked about bus routes near St Clare. KT responded that no changes to routes currently anticipated but anyone is free to ask Cornwall Council to consider this, alongside possible provision of a shelter
- DH asked if the current muddy path from the old Bolitho School might be upgraded. Unclear whose responsibility this would be. Possibly County Council or Highways?
- KT described the plan for the move. Rosmellyn will be open on Friday for emergencies only; everything will move over the weekend, St Clare will open on Monday. Any PPG help available

on Monday gratefully received. Possibility of early Monday meeting or indeed over the weekend discussed to allow familiarisation. Positive smiling faces only please!

- JS asked if the Ghandi was moving with us. Meeting clearly thought it should and continues to demonstrate the ethos of the practice
- PE felt the future direction of the PPG should be decided after the move. She also asked Craig if there was a role for volunteers with Healthy Cornwall... yes!
- AOB 1) PL enquired if the Partnership had an opinion on the future direction of RCHT? No was the answer. GW pointed out this would be a KCCG issue not a practice one
 - 2) GW alerted the meeting to monies potentially available through CLLD (details attached)
 - 3) PE notes an inappropriate leaflet on the noticeboard. Will be removed

Meeting closed at 18.05

Date of next meeting to be decided

Enc: BREEAM details

CLLD info